

REPORT
OF
LEADERSHIP DEVELOPMENT WORKSHOP
9th March 2023

GDC BEERWAH
Budgam J&K 1934II

I. Program Report:

On 9th of March 2023 GDC Beerwah organised a Leadership Development Workshop for its students in Small Conference Room of the College. The program was organised by the Department of Social Work. The program was led by Mr. Nigel Heywood – a leadership trainer from Australia. The program was attended by the 52 students of different semester of the college.



The program started with the welcome address by Prof. Syed Ifat Ara, Principal GDC Beerwah, and introduction of the resource person by Dr. Mushtaq Ahmad Malla, HoD Social Work.

The program emphasised on making students to introspect on their own lives, families and communities, examining the challenges faced in these three spaces, and possibilities of overcoming such challenges. A number of times students were taken through the process of silence and inner listening to reflect on their lives.



Mr. Nigel shared his own life struggles and challenges and ways of transforming his own life the contributing to greater societal good. After that he challenged students to reflect and examine their lives on the basic values of honesty, purity, unselfishness and love, and see if there are any corrections needed to be done in order to free oneself and make future better.



The entire Leadership Workshop was focused on the Gandhian Idea of – Be the Change You Want to See in the World. If you want to see anything changed or transformed in the world, first step should be taken by self. Making personal corrections thereby strengthening one's own leadership and then contributing to greater community and societal good. The workshop was interactive with a lot of discussion from the students – sharing their own thoughts, experiences, challenges, and also asking questions on how life and the world can become a better place through their personal leadership.

At the end of the workshop Mr. Nigel encouraged students to spend at least 20 minutes every day in silence to reflect on personal life and see if everything is going well in the life, family and community, and what can be done about making these spaces better places for living.

After the workshop Mr. Nigel also held a meeting with the faculty of the college to understand the system of education in our institutions, and discussed the possibilities of further strengthening the value base in the teaching and learning.



II. About the Resource Person:

Mr. Nigel Heywood is an international leadership trainer from Australia. He has more than 20 years of experience in leadership development and trust building. He is working with Initiatives of Change (IofC) International, and IofC Australia. IofC is an international organisation working on leadership development and trust building across the globe. He has worked in Australia, England, India and South Sudan.

